

# Session Log

Track: \_\_\_\_\_

Date: \_\_\_\_\_ Session: \_\_\_\_\_

## Session Conditions

Start Time: \_\_\_\_\_ Air Temp: \_\_\_\_\_ Track Temp: \_\_\_\_\_

End Time: \_\_\_\_\_ Air Temp: \_\_\_\_\_ Track Temp: \_\_\_\_\_

- |                                     |                                        |                                         |
|-------------------------------------|----------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Practice   | <input type="checkbox"/> Sunny         | <input type="checkbox"/> No/Mild Breeze |
| <input type="checkbox"/> Time Trial | <input type="checkbox"/> Partly Cloudy | <input type="checkbox"/> Heavy Wind     |
| <input type="checkbox"/> Qualifying | <input type="checkbox"/> Overcast      | <input type="checkbox"/> Damp/Drizzle   |
| <input type="checkbox"/> Race       | <input type="checkbox"/> Night         | <input type="checkbox"/> Full Wet       |

## Lap Times

- 1 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 2 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 3 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 4 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 5 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 6 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 7 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 8 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 9 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 10 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 11 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 12 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 13 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 14 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 15 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 16 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 17 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 18 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 19 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_
- 20 \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_

## Tire Temps & Suspension

Left Side

Right Side

FRONT	Temp	Temp	Temp	Temp	Temp	Temp	Temp	
	Cold PSI	Hot PSI	Shock	Spring	Cold PSI	Hot PSI	Shock	Spring
	Camber	Caster	Toe	Sway Bar		Camber	Caster	Toe

REAR	Temp	Temp	Temp	Temp	Temp	Temp	Temp	
	Cold PSI	Hot PSI	Shock	Spring	Cold PSI	Hot PSI	Shock	Spring
	Camber	Caster	Toe	Sway Bar		Camber	Caster	Toe

Tire Type: \_\_\_\_\_

## Misc Info

Max RPM on Straight: \_\_\_\_\_

Max Exhaust Temp: \_\_\_\_\_

Max Boost: \_\_\_\_\_

Rear Aero Setting: \_\_\_\_\_

Front Aero Setting: \_\_\_\_\_

## Turn

## Entry

## Exit

## Notes:

1	U	u	N	o	O	U	u	N	o	O
2	U	u	N	o	O	U	u	N	o	O
3	U	u	N	o	O	U	u	N	o	O
4	U	u	N	o	O	U	u	N	o	O
5	U	u	N	o	O	U	u	N	o	O
6	U	u	N	o	O	U	u	N	o	O
7	U	u	N	o	O	U	u	N	o	O
8	U	u	N	o	O	U	u	N	o	O
9	U	u	N	o	O	U	u	N	o	O
10	U	u	N	o	O	U	u	N	o	O
11	U	u	N	o	O	U	u	N	o	O
12	U	u	N	o	O	U	u	N	o	O
13	U	u	N	o	O	U	u	N	o	O
14	U	u	N	o	O	U	u	N	o	O
15	U	u	N	o	O	U	u	N	o	O